

The
BIG BIKE
Revival

we are
cycling
UK

Encouraging people to cycle through
teaching skills and leading bike rides



**FREE
Local sessions**

Throughout January, February & March


**Manvers
LAKE CAFÉ**

**Free tea & cake
for participants of
the session!**

NEW YEAR NEW YOU!

Do you want to begin or return to cycling? We are offering free sessions thanks to funding from 'The Big Bike Revival', which has a vision to make cycling accessible to everyone, no matter what your experience.



The sessions will take place around Manvers Lake and along the transpennine trail - all equipment (bikes, helmets etc) will be provided and they are run by an experienced coach.

Scan the QR code to book or visit our website for further information:
www.manverslaketrust.co.uk/positive-wellbeing



Manvers Waterfront Boat Club Ltd
The Boathouse | Station Road
Wath-upon-Dearne | Rotherham S63 7DG
Tel: 01709 878984 | www.mwbc.org.uk

**Manvers
WATERFRONT**
Boat Club

