

Channel challenge for Les



Swimmer and charity challenge organiser Les Orange.

A SWIMMER living with Parkinson's is throwing himself in the deep end for a charity challenge themed around swimming the Channel.

Les Orange (68) is backing Parkinson's UK by arranging organising the fundraiser, which will see participants attempting to swim a combined distance of 21 miles - equivalent to swimming the Channel. Swimmers will be having a chilly dip at Manvers Lake from 9am to 1pm on Sunday with the aim of completing whatever distance they can within the four-hour time frame.

Les is taking part himself in the swim challenge and said he hoped to raise £2,500. He was diagnosed with Parkinson's in 2021 and said he felt like he had been greatly supported by the Parkinson's UK support group in Doncaster. Les said: "I organised this event as it combines two of my passions, being in the water and living well with Parkinson's."